



WDHS BASEBALL

## **CARDINAL SINS OF BASEBALL**

### **Offense**

1. Swinging at a poor pitch when ahead of the count.
2. Watching a fastball right down the middle go by.
3. Taking a called 3<sup>rd</sup> strike.
4. Missing a sign.
5. Failing to get a sacrifice bunt down.
6. Hitting the ball in the air on a hit and run.
7. Strike out more than 4 times in a game as a team.
8. Getting picked off.

### **Defense**

1. Allowing a free pass to any lead-off man in an inning. (BB/ERROR/HBP)
2. Allowing a free pass to the 8 or 9 hitters in a line-up. (BB/ERROR/HBP)
3. Giving up a hit on an 0-2 or 1-2 count.
4. Making more than 1 error in a game.
5. Passed ball or wild pitch with a man on 3<sup>rd</sup>.
6. Overthrowing your teammates.
7. Not getting an out on every sacrifice bunt attempt.
8. Allow a "red" or "yellow" runner to steal a base.